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Activating attachment memories affects Default Mode Network in a non-clinical sample with perceived dysfunctional parenting: an EEG functional connectivity study

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24 **Abstract**

25 Dysfunctional parenting constitutes a factor of psychopathological vulnerability affecting
26 development both at neurobiological and psychological level. The default mode network (DMN), a
27 large scale network for brain functional integration, is supposed to play a crucial role in those
28 psychological functions altered by dysfunctional parenting. Here we investigate
29 electroencephalography DMN functional connectivity in relation to perceived dysfunctional
30 parenting (PDP) in a non-clinical sample. We hypothesized that participants with high PDP would
31 exhibit decreased DMN connectivity after the activation of attachment memories. Our results
32 support this hypothesis: participants with high PDP showed a decrease of theta connectivity
33 between left temporoparietal junction and right anterior cingulate cortex after the activation of
34 attachment memories, and, compared to participants with low PDP, showed a decrease of delta
35 connectivity in the same brain areas. We interpret these decreased DMN connectivity in participants
36 with high PDP as the “neurophysiological signature” of the impaired ability to mentalize their own
37 relational experiences with significant others after the activation of early attachment memories.
38 Thus, the activation of attachment memories in individuals exposed to dysfunctional parenting
39 could lead to a transitory failure of functional brain connectivity and consequent disturbance of high
40 integrative mental functions, such as emotional regulation and mentalization.

41
42

43 **Keywords:** Attachment, Default mode network, Dysfunctional parenting, Electroencephalography,
44 Functional connectivity, Mentalization

45 **Introduction**

46 Dysfunctional parenting, such as very low care, emotional abuse and high overprotection,
47 has been compared to others forms of child maltreatment [1-5]. Consistently, a significant and
48 increasing body of evidence suggests that dysfunctional and/or neglectful parenting, like other
49 forms of early relational trauma, is one of the major risk factor and negative prognostic cause for
50 almost all psychiatric disorders [6-9]. Indeed, regardless of specific diagnosis, it has been reported
51 that dysfunctional parenting constitutes a factor of psychopathological vulnerability affecting
52 development both at neurobiological and psychological level [2, 6-8, 10-13]. Among the most
53 common psychopathological consequences related to dysfunctional parenting there are emotive
54 disorders and dysregulation [14, 15], alterations in inhibitory control and executive functions [10],
55 cognitive and consciousness disturbances [2, 16, 17], self identity and self agency alterations [18,
56 19], mentalization dysfunctions [5, 20], relational problems and low social competence [21, 22].
57 Some scholars have hypothesized that a significant amount of these psychopathological
58 disturbances have in common a lack of mental integration produced by dysfunctional parenting [2,
59 16, 23, 24].

60 Under a neurobiological point of view it has been supposed that the default mode network (DMN),
61 a crucial large scale network for brain functional integration [25-27], plays an important role in
62 those psychological functions altered by dysfunctional parenting [28-31]. Consistently, the DMN
63 and its subcomponents alterations are frequently reported in people with dysfunctional parenting
64 and other forms of child maltreatment [8, 12].

65 One of the most intriguing issue in this area is that clinical observations and empirical research data
66 lead to consider that some of these disturbances, such as emotive and behavioural dysregulation,
67 dissociative symptoms, mentalization disruption, relational problems, are not stable symptoms, but
68 may emerge when triggered by socio-emotional stimuli like the activation of early attachment
69 memories [16, 24, 32]. According to attachment theory and its subsequent clinical applications, the
70 automatic and implicit (i.e., unconscious) activation of attachment relational memories in

71 individuals with histories of neglect or maltreatment in childhood could trigger disintegrative
72 psychopathological process that leads to typical psychopathology related to dysfunctional parenting
73 [2, 23, 24].

74 For this reason the aim of the present study was to investigate electroencephalography DMN
75 functional connectivity in relation to the quality of the perceived dysfunctional parenting (PDP), i.e.
76 the self-reported experiences of neglect, abuse and/or overprotection within the relationships with
77 one's parents [33-35], both in resting state (RS) and after the activation of attachment memories
78 using the Adult Attachment Interview as a trigger (AAI) [36, 37] in a non-clinical sample. Based on
79 empirical data and clinical grounds, we hypothesized that participants with PDP, compared to
80 participants without PDP, would exhibit decreased DMN connectivity after the activation of
81 attachment memories.

82

83 **Materials and Methods**

84 *Participants*

85 Participants were 50 students (fourteen men, mean age: 22.62 ± 2.41 years) recruited
86 through advertisements posted in the university. The enrollment lasted from October 2017 to May
87 2018. Study participants contributed voluntarily and anonymously after providing informed
88 consent. They did not receive payment or any other compensation (i.e., academic credit). Inclusion
89 criteria were: age between 18 and 30 years, both genders. Exclusion criteria were: history of
90 psychiatric disease and/or neurologic diseases; head trauma; left handedness; assumption of Central
91 Nervous System active drugs in the two weeks prior to assessment. A checklist with dichotomous
92 items was used to assess inclusion/exclusion criteria and socio-demographic data.

93 After receiving information about the aim of the study, all participants provided a written
94 consent to participate in the study that was performed according to the Helsinki declaration
95 standards. The research was approved by the European University's ethic review board.

96

97 *Procedure*

98 After providing the written informed consent, all participants were administered the
99 Measure of Parental Style (MOPS) [38] and the Brief Symptom Inventory (BSI) [39]. Furthermore,
100 in order to identify the presence of past and/or current psychiatric disorders, during the intake visit,
101 participants were asked screening questions according to a checklist prepared for a previous study
102 [40].

103 On a separate day from the self-report assessment, all participants underwent the Adult
104 Attachment Interview (AAI) [37], a semi-structured interview able to activate the attachment
105 system by the retrieval of childhood emotional and relational memories of past attachment
106 experiences [37, 41]. Rigorous psychometric testing and meta-analyses of the AAI demonstrate
107 stability and discriminant and predictive validity in both clinical and nonclinical populations [42,
108 43]. In the present study, the AAI was used as “trigger stimulus” of the attachment behavioral
109 system. Indeed, previous studies demonstrated that the AAI is able to alter psychophysiological
110 parameters related to the emotion regulation of people with different attachment styles [36, 44, 45]
111 and to modify the cortical functional connectivity related to the retrieval of early attachment
112 memories in both healthy and clinical subjects [16].

113 Trained clinical psychologists (LP) administered the AAI in a quiet and comfortable room.
114 EEG recordings were performed before (Pre-AAI condition) and immediately after (i.e., about 8-10
115 minutes for each participant) the interview (Post-AAI condition). The interviews lasted on average
116 one hour and 30 minutes.

117

118 *Questionnaire*

119 The MOPS [38] is the redefined version of the Parental Bonding Instrument [46] and it is
120 composed by 30 items which separately investigate mother’ (15 items) and father’ (15 items)
121 parental styles. Items are scored on a 4-point Likert scale (from “not true at all” to “extremely true”)
122 and grouped in three dimensions for each parent, confirmed through principal components analysis

123 [38]: indifference, over-control, and abuse. Higher scores reflect higher self-reported experiences of
124 neglect, abuse and/or overprotection during the first 16 years of life. The MOPS has been used
125 extensively in clinical research [9, 34, 47] and it was developed to overcome some negative aspects
126 (e.g., low clarity of several items) of the original version [9]. Satisfactory psychometric properties
127 have been reported in the original validation study [38]. Furthermore, good cross-cultural adaptation
128 has been observed [48, 49]. In the present research, the Italian version of the scale has been used
129 [48] and the Cronbach's alpha in the present sample was 0.88 for the 30-item MOPS total scores.

130 The BSI [39] is the short version of the Symptom Checklist-90R [50] and it is composed by
131 53 items evaluating a broad range of psychological symptoms during the past seven days. Items are
132 scored on a 4-point Likert scale ranging from 0 (not at all) to 4 (extremely) and grouped in 9
133 primary symptom dimensions: somatization, obsession-compulsion, interpersonal sensitivity,
134 depression, anxiety, hostility, phobic anxiety, paranoid ideation and psychoticism. A measure of
135 general level of psychopathology, the global severity index (GSI), is also calculated using the sums
136 for the nine symptom dimensions (higher scores reflects more self-reported symptoms). The BSI is
137 widely used in clinical research and it is characterized by good psychometric properties [51]. In the
138 present study, the Italian version of the scale was used [52] and the Cronbach's alpha in the present
139 sample was 0.94 for the GSI.

140

141 *EEG recordings*

142 Resting State (RS) EEG was recorded using the Micromed System Plus digital EEGraph
143 (Micromed© S.p.A., Mogliano Veneto, TV, Italy) in the European University EEG Lab, with each
144 participants sitting in a comfortable armchair, with his/her eyes closed, in a quiet, semi-darkened
145 silent room for 5 minutes. In order to avoid alcohol and or caffeine effects on EEG data,
146 participants were asked to refrain from drinking alcohol and caffeine for 4 to 6 hours immediately
147 before their EEG recordings.

148 EEG recordings included 31 standard scalp leads, positioned according to the 10-20 system
149 (recording sites: Fp1, AF3, F3, FC1, C3, CP1, P3, PO3, O1, F7, FC5, T3, CP5, T5, Fz, Cz, Pz, Fp2,
150 AF4, F4, FC2, C4, CP2, P4, PO4, O2, F8, FC6, T4, CP6, T6), and the Electrocardiography (ECG).
151 The reference electrodes were placed on the linked mastoids. Impedances were kept below 5K Ω
152 before starting the recording and checked again at the end of the experimental recording. Sampling
153 frequency was 256 Hz; A/D conversion was made at 16 bit; pre-amplifiers amplitude range was
154 ± 3200 and low-frequency pre-filters were set at 0.15 Hz. The following band-pass filters were used:
155 HFF= 0.2 Hz; LFF= 128 Hz. In the present study the following frequency bands was considered:
156 delta (0.5–4 Hz); theta (4.5–7.5 Hz); alpha (8–12.5 Hz); beta (13–30 Hz); gamma (30.5–60 Hz).

157 Details about artifact rejection have been described elsewhere [40]. Briefly, visual artifact
158 rejection (e.g., cap adjustment) was firstly performed on the raw EEG trace. These segments were
159 removed, and then independent component analysis (ICA) was applied to EEG recordings to
160 identify and remove non-cerebral artifacts (i.e., eye and muscular movements, cardiac pulses)
161 before data analysis. Although it has been reported that ICA correction may affect EEG
162 connectivity [53], correcting artifacts using this procedure is widely used in EEG phase
163 synchronization studies [54-56]. Furthermore, several reports [54-56] documented no significant
164 modifications of EEG coherence data after ICA correction.

165 The minimum length of the artifact-free EEG recording included in the analysis was 180
166 seconds (even if not consecutive) for each participant for each condition (i.e., pre-AAI and post-
167 AAI).

168

169 *Connectivity analysis*

170 All EEG analysis were performed using the exact Low Resolution Electromagnetic
171 Tomography software (eLORETA), a validated tool for localizing brain electric activity based on
172 multichannel surface EEG recordings [57]. The eLORETA software is characterized by a
173 satisfactory localization agreement with different multi-modal imaging techniques, and it is a

174 suitable tool for DMN assessment [58]. The connectivity analysis were performed using the lagged
175 phase synchronization formula [59]. This algorithm has been widely used to assess EEG functional
176 connectivity, and it is characterized by several advantages (e.g., it is resistant to non-physiological
177 artifacts) [59]. Although functional magnetic resonance imaging (fMRI) is commonly used to
178 investigate the functional connectivity of DMN, recent studies have shown that EEG is also suitable
179 for investigating the functional properties of this network.

180 According to previous EEG connectivity studies [29, 30, 40, 60], in order to evaluate
181 functional connectivity in the DMN, 12 Regions of Interest (ROIs) were selected (Figure 1) and the
182 ‘single nearest voxel’ option (i.e., each ROI consisted of a single voxel, the closest to each seed)
183 was chosen (detailed DMN Montreal Neurological Institute and Talairach coordinates can be found
184 in [40]). Briefly, the “ROI-maker#2 method” available in the eLORETA software has been selected
185 and, starting from 42 Brodmann Areas (BAs) in each hemisphere provided by the software [61], 12
186 ROIs were defined according Thatcher et al. [58].
187 The eLORETA calculated the lagged phase synchronization values between all these ROIs (i.e., 144
188 connections) and the source reconstruction algorithm [57].

189

190 *Statistical analysis*

191 In order to reveal groups of subjects with high and low PDP (i.e., PDP+ and PDP- groups), a
192 Two Step Cluster Analysis procedure was performed using MOPS sub-scales scores. Cluster
193 solutions was assessed using Schwarz's Bayesian Criterion (BIC) as clustering criterion [62]. Chi-
194 squared tests (χ^2), and Mann–Whitney’s U tests were used to investigate differences between
195 clusters, respectively for dichotomous and dimensional variables.

196 EEG connectivity analysis was performed using the eLORETA software. Between and
197 within comparisons were performed for each frequency band. Specifically the following statistical
198 comparisons were performed: i) Pre-AAI PDP+ vs Pre-AAI PDP-, ii) Post-AAI PDP+ vs Pre-AAI
199 PDP+, iii) Post-AAI PDP- vs Pre-AAI PDP-, iv) Post-AAI PDP+ vs Pre-AAI PDP-. All

200 comparisons were performed using the statistical non-parametric mapping (SnPM) methodology
201 provided by the eLORETA software (i.e, a Fisher's permutation test) [63]. In order to avoid family-
202 wise type-I errors, the non-parametric randomization procedure (supplied by the eLORETA
203 software), was performed for the correction of multiple comparison [63]. For all comparisons, the
204 eLORETA software provides experimental values of T, corresponding to a significance of $p < 0.01$
205 and $p < 0.05$.

206 Finally, Spearman's *rho* correlation coefficients were reported as measures of associations
207 among MOPS subscales scores, GSI, and any significant EEG connectivity data observed in the
208 between comparisons. Cluster Analysis, Chi-squared tests, Mann–Whitney's U tests, correlation
209 analyses were performed using IBM SPSS Statistics for Windows, version 23.0. The use of
210 nonparametric tests was chosen because none of the present variables were normally distributed
211 (Shapiro–Wilk test, $p < 0.05$).

212

213 **Results**

214 The Two Step Cluster Analysis procedure indicated a 2-group solution (BIC change= –
215 36.01; Ratio of distance measures= 3.38). 34 % of the sample (N= 17) was included in the first
216 cluster, and 66 % (N= 33) was included in cluster 2. Compared to individuals included in cluster 2
217 (i.e., PDP- group), subjects included in cluster 1 (i.e., PDP+ group) had significantly higher scores
218 in all PDP sub-subscales. Thus, cluster 1 is mostly characterized by individuals reporting higher
219 PDP. Furthermore, compared to the individuals with low PDP, those with high PDP had a
220 significantly higher scores in the GSI and in all BSI subscales, with the exception of interpersonal
221 sensitivity, phobic anxiety and psychoticism subscales. Detailed bivariate analyses are listed in
222 Table 1.

223 EEG recordings suitable for the analysis were obtained for all participants. Qualitative
224 visual evaluation of the EEG recordings, performed by a trained neurophysiologist, showed no
225 relevant modifications of the background rhythm frequency (e.g., epileptic discharges).

226 Furthermore, no relevant modifications of EEG signal (e.g., evidence of sleepiness) during the
227 recordings were detected. The average time analyzed for the present sample was 283 ± 14 sec and
228 276 ± 15 respectively for cluster 1 and cluster 2 subjects in pre-AAI condition and 291 ± 12 sec and
229 277 ± 19 in post-AAI condition.

230

231 *Connectivity results*

232 In the between-groups comparison (PDP+ vs PDP-) for the Pre-AAI condition, the thresholds for
233 significance were $T = \pm 2.73$ corresponding to $p < 0.05$, and $T = \pm 3.19$ corresponding to $p < 0.01$. In
234 this condition, no significant modifications were observed between groups (Figure 2; Panel A).

235 In the within-group comparison (Post-AAI vs. Pre-AAI) for the PDP+ group, the
236 thresholds for significance were $T = \pm 3.99$ corresponding to $p < 0.05$, and $T = \pm 4.63$, corresponding
237 to $p < 0.01$. In this comparison, significant modifications were observed in the theta frequency
238 (Figure 3; Panel A). Compared to Pre-AAI condition, PDP+ individuals showed in Post-AAI
239 condition a decrease of theta connectivity between left Temporoparietal Junction (TPJ; ROI 11) and
240 right Anterior Cingulate Cortex (ACC; ROI 8) ($T = -4.09$, $p = 0.037$). No significant differences
241 were observed in the other frequency bands, although a significant trend was observed between left
242 TPJ and right ACC also in the delta band ($T = -3.76$, $p = 0.08$).

243 In the within-group comparison (Post-AAI vs. Pre-AAI) for the PDP- group, the thresholds
244 for significance group were $T = \pm 3.54$ corresponding to $p < 0.05$, and $T = \pm 4.03$, corresponding to $p <$
245 0.01 . In this comparison, significant modifications were observed in the alpha frequency band
246 (Figure 3; Panel B). Compared to Pre-AAI condition, PDP- individuals showed in Post-AAI
247 condition an increase of alpha connectivity between right TPJ (ROI 12) and both right and left
248 Posterior Cingulate Cortex (PCC; ROI 6 and ROI 5) (respectively $T = 3.56$; $p = 0.047$ and $T = 3.71$;
249 $p = 0.030$). No significant differences were observed in the other frequency bands

250 In the between-groups comparison (PDP+ vs PDP-) for the Post-AAI condition, the
251 thresholds for significance were $T = \pm 2.92$ corresponding to $p < 0.05$, and $T = \pm 3.47$ corresponding to

252 $p < 0.01$. Significant modifications were observed in the delta band (Figure 3; Panel B). Compared
253 to PDP- individuals, PDP+ participants showed a decrease of delta connectivity between left TPJ
254 (ROI 11) and right ACC (ROI 8) ($T = -3.29$; $p = 0.018$). No significant differences were observed in
255 the other frequency bands.

256

257 *Association among EEG functional connectivity data, MOPS and GSI scores*

258 MOPS total score was negatively related with the strength of delta connectivity between left
259 TPJ and right ACC ($\rho = -0.28$; $p = 0.048$). Furthermore, the strength of delta connectivity observed
260 after the AAI between left TPJ and right ACC was negatively related with both maternal
261 indifference ($\rho = -0.36$; $p = 0.010$) and maternal over-control ($\rho = -0.33$; $p = 0.020$) sub-scale.
262 Although GSI was positively related with all MOPS sub-scales, no significant correlation was
263 observed between EEG connectivity data and psychopathological score. Detailed correlations are
264 reported in Table 2.

265

266 **Discussion**

267 The a priori hypothesis of the present study was that participants with high PDP (i.e., PDP+
268 group), compared to participants with low or without PDP (i.e., PDP- group), would exhibit
269 decreased DMN connectivity after the activation of attachment memories. Our results support this
270 hypothesis. Indeed, after the activation of attachment memories triggered by the AAI, PDP+
271 participants (within-group comparison) showed a decrease of theta connectivity between left TPJ
272 and right ACC. Furthermore, after the administration of the AAI, compared to PDP- participants,
273 PDP+ individuals showed a decrease of delta connectivity in the same brain areas (i.e., left TPJ and
274 right ACC). Consistently with our hypothesis, these connectivity modifications were observed
275 exclusively after the activation of early attachment memories as no significant DMN connectivity
276 differences were detected in the between-groups comparison before the administration of the AAI.

277 Our results are in line with previous studies reporting DMN alterations in people with
278 dysfunctional parenting and other forms of early relational adverse experiences [8, 12]. The DMN is
279 thought to be involved in several higher-order integrative mental functions such as self-
280 consciousness, self-processing and episodic memory [58, 64] that are supposed to be impaired by
281 dysfunctional parenting. This network has been conceptualized as a distributed and dynamic brain
282 system composed by a set of interacting hubs and subsystems with specific functions [26, 27].
283 Specifically, the dorsal medial subsystem, which includes several brain areas such as the TPJ and
284 dorsal medial prefrontal cortex, has been associated with mentalization, social cognition as well as
285 with semantic/conceptual processing. Conversely, the medial temporal subsystem, which involves
286 anatomical regions such as hippocampal formation, the retrosplenial cingulate cortex and ventral
287 medial prefrontal cortex, has been related with autobiographical thought, episodic memory and
288 contextual retrieval. Finally, the midline hubs of the DMN, namely the mPFC, the rostral anterior
289 cingulate and the posterior cingulate cortex, are involved across a wide range of self-related
290 processes integrating the dorsal medial and medial temporal subsystem [26, 27].

291 Therefore, taking into account DMN related functions and processes as well as the type of
292 mental processes elicited by the AAI, we may speculate that the decreased DMN connectivity
293 observed between left TPJ and right ACC in the PDP+ participants is the “neurophysiological
294 signature” of the impaired ability to mentalize their own relational experiences with significant
295 others after the activation of early attachment memories.

296 Indeed, the role of both left and right TPJ and of the ACC in mentalization [i.e., the ability to
297 attribute mental states to oneself and to others and to understand that others have mental states
298 independent from one’s own; see for example 65, 66, 67] is widely recognized in the literature [68-
299 70].

300 Our interpretation is also strengthened by the increase of DMN connectivity between right TPJ and
301 both right and left PCC observed in PDP- participants after the administration of the AAI. The PCC
302 is considered the crucial node of the DMN [71] and it is involved in several emotion and cognitive

303 processing [72], with critical relevance in maintaining a sense of self-consciousness and self-
304 referential thoughts during RS [73]. It is also interesting to note that PDP- participants showed
305 increased connectivity in the alpha frequency band, which is considered to be positively related to
306 DMN activity as well as with spontaneous self-referential processes, such as mentalization [25].
307 Therefore, this result seems to support our interpretation according to which during the AAI
308 participants are induced to mentalize their own relational experiences, presumably activating a set
309 of self-related processes such as episodic and autobiographical memories.

310 Taken together, our results support both clinical observations and experimental results
311 according to which the alterations associated with PDP are not stable symptoms but may emerge
312 when triggered by early attachment relational memories [16, 23, 32]. These results seem to be also
313 partially consistent with MRI studies indicating that early-life adversity may be associated with
314 structural alterations in brain white matter, specifically in the cingulate cortex [11].
315 According to our data, it is possible to hypothesize that, in individuals with early adverse relational
316 experiences, the structural connectivity deficit becomes functionally evident and clinically
317 symptomatic when the system is overloaded by affective and cognitive attachment related stimuli.
318 Moreover, although it was not among the goals of the present research, future work could
319 investigate whether and to what extent the attachment style can influence the DMN functional
320 connectivity. In fact, the same adverse experiences can lead to very different development paths and
321 the possibility that different attachment styles may be associated with different patterns of alteration
322 of functional connectivity cannot be excluded in principle.

323 Another result rising from this study is the usefulness of MOPS in detecting the
324 psychopathological vulnerability related to the early relational adverse experiences. In our opinion,
325 MOPS based screening could be useful in the clinical practice where the clients report their own
326 perception of parental way to protect and control, and combined with EEG connectivity seems to be
327 a useful and reliable tool to improve our understanding on the psychopathological processes
328 underlying PDP.

In spite of our interesting results, the study has some limitations that should be considered.

Firstly, the sample size is limited, which may affect the generalizability of the results. Furthermore, our sample included mostly female participants, and previous studies showed sex differences in EEG brain activity during RS condition [74].

Secondly, we have investigated PDP and psychopathology using self-report measures, which are known to be potentially affected by social desirability. Thirdly, we used scalp EEG recordings, which have an intrinsic limit in space resolution. Finally, we have investigated DMN functional connectivity after AAI, which make our interpretations specific to the activation of attachment memories. It is possible that others not-related attachment triggers (e.g., viewing negative emotional facial expressions) may be associated with different DMN alterations in high PDP individuals. Although these ideas are purely hypothetical, they might be useful in guiding future research.

Despite these limitations, to the best of our knowledge, this is the first study which investigated the association between DMN EEG functional connectivity and PDP both in RS and after the activation of attachment memories. In conclusion, our results seem to support the hypothesis according to which the activation of attachment memories in individuals exposed to dysfunctional parenting and other forms of early relational adverse experiences could lead to a transitory failure of functional brain connectivity and consequent disturbance of high integrative mental functions. These transitory alterations might explain, even partially, the emergence of some typical psychopathological symptoms such as emotional dysregulation, dissociative symptoms, inhibitory control and executive functions disturbances, self identity and self agency and mentalization impairments [10, 16, 23, 24]. Therefore, our result also highlights the possibility of developing new therapeutic approaches focused on the self neuro-modulation, such as alpha/theta neurofeedback, which may increases mentalization and DMN EEG connectivity [60].

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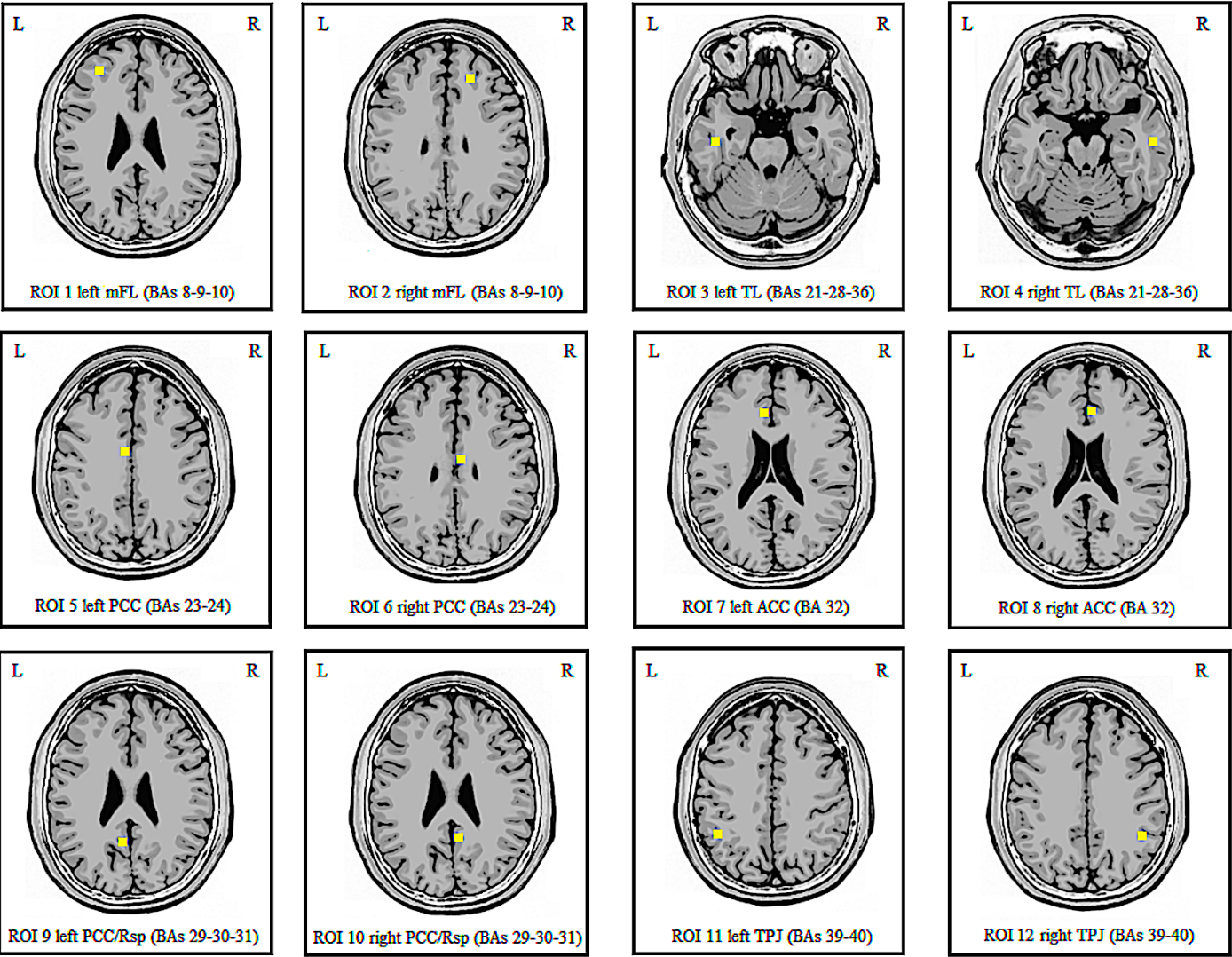
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559 **Legend to figure 1.** Axial view of the Default Mode Network regions of interest.



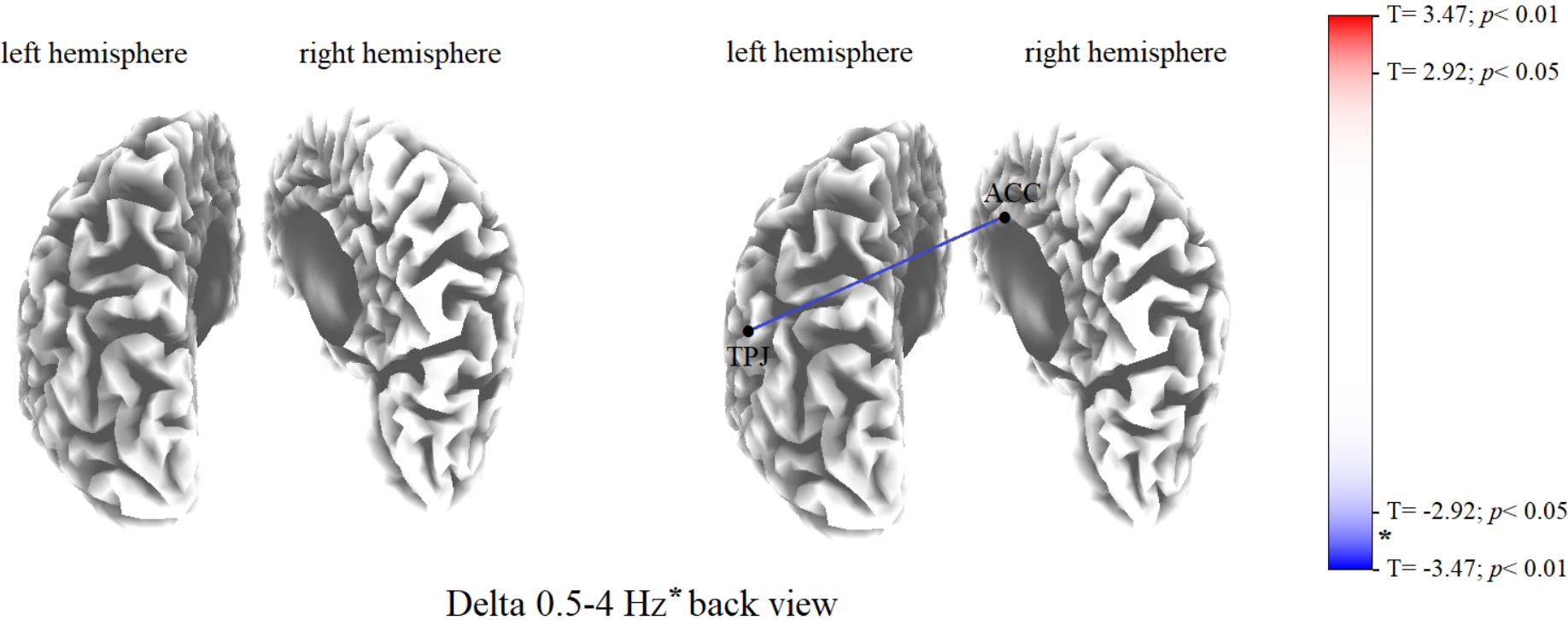
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561 Abbreviation:L= left; R= right; ROI= region of interest; mFL= medial Frontal Lobe; BA (Brodmann area); TL= Temporal Lobe; PCC= Posterior Cingulate cortex; ACC=
562 Anterior Cingulate Cortex; PCC/Rsp= Posterior Cingulate/Retrosplenial cortex; TPJ= temporo-parietal junction

563 **Legend to figure 2.** Results of the eLORETA between comparisons of EEG functional connectivity in the delta bands. Panel A: PDP+ vs PDP- in
 564 Pre-AAI condition; Panel B: PDP+ vs PDP- in Post-AAI condition. Blue lines indicate connections presenting a significant decrease of EEG
 565 functional connectivity. Red lines would indicate increase of EEG functional connectivity (not present). Threshold values (T) for statistical
 566 significance (corresponding to $p < 0.05$ and $p < 0.01$) are reported in the right side of the figure. In this comparison, significant modifications (*) were
 567 observed in the Post-AAI condition. Compared to PDP- individuals, PDP+ subjects showed a decrease of delta connectivity between left TPJ and
 568 right ACC.
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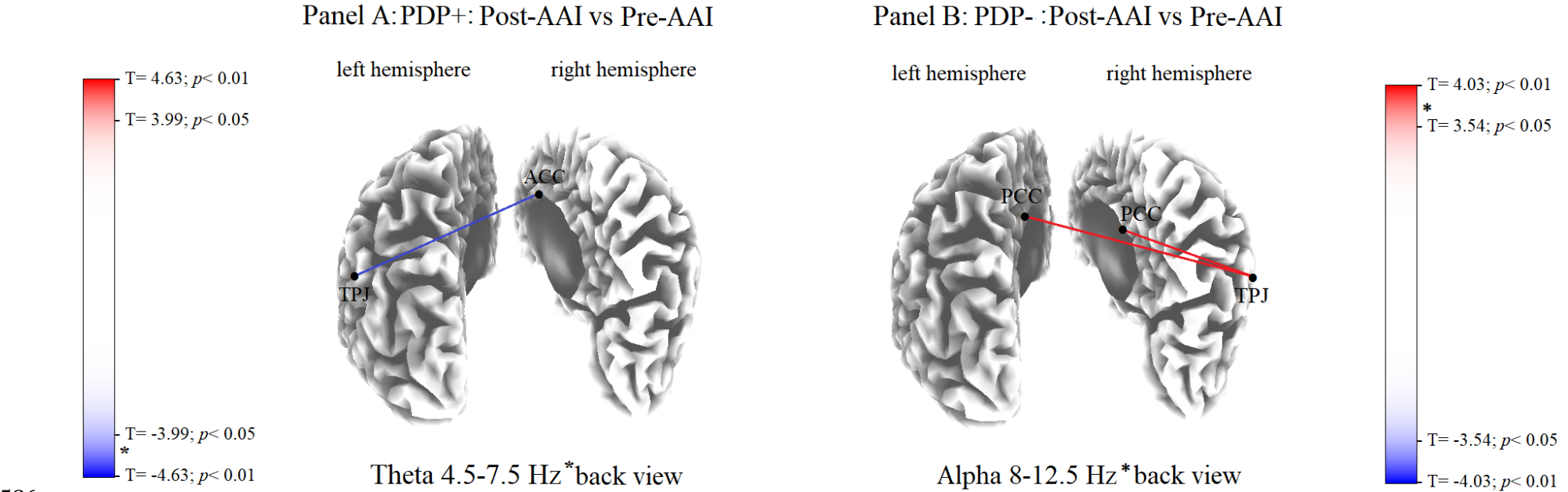
Panel A: Pre-AAI: PDP + vs PDP-

Panel B: Post-AAI: PDP + vs PDP-



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 574 Abbreviations: AAI= Adult Attachment Interview; PDP+= high perceived dysfunctional parenting group; PDP-= low perceived dysfunctional parenting group; TPJ=
 575 temporoparietal junction; ACC= anterior cingulate cortex

576 **Legend to figure 3.**
 577 Results of the eLORETA within comparisons (pre-AAI vs post-AAI) of EEG functional connectivity in PDP+ and PDP- group, respectively for
 578 theta and alpha band. Panel A: Post-AAI vs Pre-AAI for PDP+ group; Panel B: Post-AAI vs Pre-AAI for PDP- group. Blue lines indicate
 579 connections presenting a significant decrease of EEG functional connectivity. Red lines indicate connections presenting an increase of EEG
 580 functional connectivity. Threshold values (T) for statistical significance (corresponding to $p < 0.05$ and $p < 0.01$) are reported in the right and left side
 581 of the figure, respectively for PDP+ and PDP- group. In this comparisons, significant modifications were observed for both PDP+ (*) and PDP-
 582 group (*). Compared to Pre-AAI condition, PDP+ individuals showed in Post-AAI condition a decrease of theta connectivity between left TPJ and
 583 right ACC. Conversely, compared to Pre-AAI condition, PDP- individuals showed in Post-AAI condition an increase of alpha connectivity between
 584 right TPJ and both right and left PCC.
 585



586
 587 Abbreviations:
 588 AAI= Adult Attachment Interview; PDP+= high perceived dysfunctional parenting group; PDP-= low perceived dysfunctional parenting group; TPJ= temporoparietal junction;
 589 ACC= Anterior Cingulate Cortex; PCC= Posterior Cingulate Cortex

590 Table 1. **Bivariate analyses**

Variables	Cluster 1 (PDP+) (N = 17)	Cluster 2 (PDP-) (N = 33)	Test Statistics	<i>p</i> =
Age – M ± DS	22.59 ± 2.90	22.64 ± 2.16	<i>U</i> = 265	0.748
Educational level (years) – M ± SD	15.71 ± 1.65	15.44 ± 1.84	<i>U</i> = 249	0.624
Women - N (%)	13 (76.5)	23 (69.7)	$\chi^2_1 = 0.26$	0.613
MOPS total score – M ± DS	40.65 ± 15.81	9.47 ± 6.32	<i>U</i> = 0.05	< 0.001
MOPS sub-scales				
Maternal indifference – M ± DS	5.59 ± 5.72	0.94 ± 1.50	<i>U</i> = 89	< 0.001
Maternal over-control – M ± DS	7.94 ± 2.79	3.39 ± 2.18	<i>U</i> = 57.5	< 0.001
Maternal abuse – M ± DS	6.24 ± 4.63	0.94 ± 1.48	<i>U</i> = 57	< 0.001
Paternal indifference – M ± DS	8.47 ± 5.63	1.13 ± 1.34	<i>U</i> = 43.5	< 0.001
Paternal over-control – M ± DS	5.18 ± 2.38	2.53 ± 2.34	<i>U</i> = 113	< 0.001
Paternal abuse – M ± DS	7.24 ± 3.82	0.44 ± 0.88	<i>U</i> = 22.5	< 0.001
BSI-GSI – M ± DS	0.95 ± 0.66	0.56 ± 0.68	<i>U</i> = 143.5	0.005
Somatization – M ± DS	0.86 ± 0.72	0.44 ± 0.63	<i>U</i> = 172	0.024
Obsession-Compulsion – M ± DS	1.40 ± 0.86	0.81 ± 0.90	<i>U</i> = 153	0.009
Interpersonal Sensitivity – M ± DS	0.94 ± 0.88	0.57 ± 0.70	<i>U</i> = 203	0.106
Depression – M ± DS	0.98 ± 0.75	0.62 ± 0.79	<i>U</i> = 170	0.023
Anxiety – M ± DS	1.21 ± 0.82	0.75 ± 0.87	<i>U</i> = 168	0.021
Hostility – M ± DS	0.98 ± 0.99	0.46 ± 0.67	<i>U</i> = 186.5	0.049
Phobic Anxiety – M ± DS	0.47 ± 0.72	0.25 ± 0.61	<i>U</i> = 238	0.324
Paranoid Ideation – M ± DS	1.01 ± 0.75	0.49 ± 0.79	<i>U</i> = 138	0.003
Psychoticism – M ± DS	0.76 ± 0.71	0.48 ± 0.71	<i>U</i> = 194	0.071

Abbreviations:
PDP+= high perceived dysfunctional parenting group; PDP-= low perceived dysfunctional parenting group; SD = standard deviation; MOPS= Measure of Parental Style; BSI-GSI = Brief Symptom Inventory-Global Severity Index;

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Table 2. Values of Spearman's *rho* correlation coefficient among EEG connectivity data, MOPS and BCSL-GSI scores in all sample (N = 50). Significant correlations are indicated by stars (*).

	MOPS Total	Maternal indifference	Maternal over-control	Maternal abuse	Paternal indifference	Paternal over-control	Paternal abuse	GSI	Delta ROIs 11-8
MOPS total	-								
Maternal indifference	0.78**	-							
Maternal over-control	0.83**	0.57**	-						
Maternal abuse	0.81**	0.73**	0.72**	-					
Paternal indifference	0.79**	0.60**	0.52**	0.59**	-				
Paternal over-control	0.70**	0.38**	0.58**	0.41**	0.41**	-			
Paternal abuse	0.80**	0.51**	0.52**	0.64**	0.66**	0.60**	-		
GSI	0.55**	0.51**	0.46**	0.46**	0.42**	0.34*	0.36*	-	
Delta ROIs 11-8	-0.28*	-0.36*	-0.33*	-0.26	-0.13	-0.08	-0.22	-0.26	-
Abbreviations: ROIs= Regions of interest; MOPS= Measure of Parental Style; = Global Severity Index;									
* $p < 0.05$; ** $p < 0.01$									